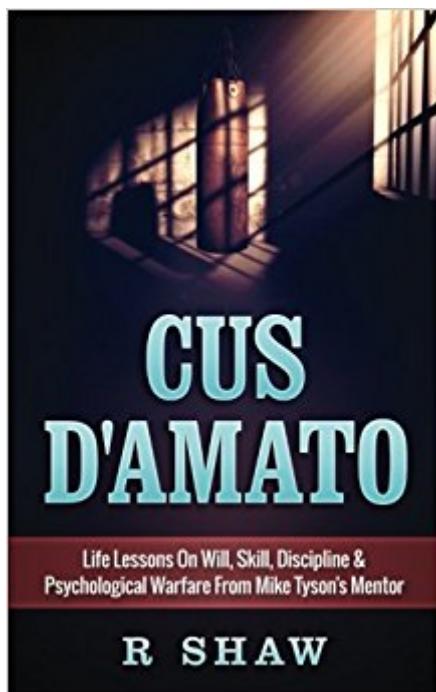


The book was found

# Cus D'Amato: Life Lessons On Will, Skill, Discipline & Psychological Warfare From Mike Tyson's Mentor



## Synopsis

10 Lessons From The Coach Of The World's Baddest Man Principles, Techniques & Tactics From Cus D'Amato Are You Ready To Learn Lessons To Improve Your Life In All Aspects? If So You've Come To The Right Place... Here's A Preview Of What This Cus D'Amato Book Contains... An Introduction To Cus D'Amato The Mind & Professionalism Fear Is Like Fire (How To Harness It!) How To Stay Calm & Focused How To Set & Conquer Goals With Purpose How To Build Iron Discipline (And Why This Is The KEY To Success) Deserving Success The Power Of Repetition - Both Physical & Affirmations Harnessing The Power Of Your Mind And Much, Much More!

## Book Information

Paperback: 70 pages

Publisher: CreateSpace Independent Publishing Platform (November 20, 2016)

Language: English

ISBN-10: 1539918742

ISBN-13: 978-1539918745

Product Dimensions: 5 x 0.2 x 8 inches

Shipping Weight: 4.5 ounces (View shipping rates and policies)

Average Customer Review: 3.0 out of 5 stars 3 customer reviews

Best Sellers Rank: #205,339 in Books (See Top 100 in Books) #62 in Books > Sports & Outdoors > Individual Sports > Boxing

## Customer Reviews

Just a book of Cus quotes while the author writes about what Cus was saying. You're better off to buy Mike Tyson's autobiography and read what Mike has to say about Cus's words.

An interesting and brief compilation of motivational axioms. It included the training program of D'Amato's protege, Mike Tyson.

How do you buy it? I can only download free sample

[Download to continue reading...](#)

Cus D'Amato: Life Lessons On Will, Skill, Discipline & Psychological Warfare From Mike Tyson's Mentor Iron Ambition: My Life with Cus D'Amato NAVY SEAL DISCIPLINE; The Ultimate Guide to Self-Discipline & Control like a US NAVY SEAL: Gain Incredible Self Confidence, Motivation &

Discipline.: Self-Discipline: ... Guide (NAVY SEAL WARRIOR GUIDES Book 1) Self-Discipline: Self-Discipline of a Spartan Trough: Confidence, Self-Control and Motivation (Motivation, Spartan, Develop Discipline, Willpower) Intarsia Woodworking for Beginners: Skill-Building Lessons for Creating Beautiful Wood Mosaics: 25 Skill-Building Projects Allen & Mike's Avalanche Book: A Guide to Staying Safe in Avalanche Terrain (Allen & Mike's Series) Allen & Mike's Really Cool Backcountry Ski Book, Revised and Even Better!: Traveling & Camping Skills For A Winter Environment (Allen & Mike's Series) Allen & Mike's Really Cool Telemark Tips, Revised and Even Better!: 123 Amazing Tips To Improve Your Tele-Skiing (Allen & Mike's Series) Mike Meyersâ™ CompTIA Network+ Guide to Managing and Troubleshooting Networks, Fourth Edition (Exam N10-006) (Mike Meyers' Computer Skills) Mike Meyersâ™ CompTIA Network+ Certification Passport, Fifth Edition (Exam N10-006) (Mike Meyers' Certification Passport) Mike Meyers' CompTIA A+ Certification Passport, Sixth Edition (Exams 220-901 & 220-902) (Mike Meyers' Certification Passport) Comprehensive Review Guide For Health Information: RHIA & RHIT Exam Prep (Tyson-Howard, Comprehensive Review Guide for Health Informat) Arctic Experiences: Containing Capt. George E. Tyson's Wonderful Drift on the Ice-floe, a History of the Polaris Expedition, the Cruise of the Tigress, and Rescue of the Polaris Survivors Self-Discipline: Become A Greek Spartan: Everything You Need to Know to Transform Your Life into A Modern Day Spartan & Gain More Confidence, Hunger and ... (Greek Spartan Mindset, Spartan Discipline) Fun ACT Prep English and Reading: Skill by Skill: because test prep doesn't have to be boring Positive Discipline: The Classic Guide to Helping Children Develop Self-Discipline, Responsibility, Cooperation, and Problem-Solving Skills Self-Discipline: Spartan Discipline for the Modern Man Daily Self-Discipline: Everyday Habits and Exercises to Build Self-Discipline and Achieve Your Goals Self-Discipline for Entrepreneurs: How to Develop and Maintain Self-Discipline as an Entrepreneur Positive Discipline A-Z: 1001 Solutions to Everyday Parenting Problems (Positive Discipline Library)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)